



Did you know that 1 in 20 children may be affected by prenatal alcohol exposure?

FASD is more common than Autism. Yet there are no dedicated supports or services for these children/adults to find HOPE and HELP. I rock my Red Shoes to raise awareness for FASD.

www.RedShoesRock.com

Red Shoes Rock™

What is the Story?



Fetal alcohol spectrum disorders (FASDs) are lifetime disabilities that happen when alcohol is introduced to the womb before birth.

FASD is the leading cause of intellectual disabilities.

Over 400 medical issues are connected to prenatal exposure to alcohol. In most cases, a person's differences are hidden and it is these hidden differences that create additional trauma for individuals with FASD.

In 2013, R.J. Formanek, an adult with FASD put on a pair of red shoes to draw attention to his hidden differences. He used them as a visibility statement in his presentations.

Why Red Shoes Rock?

R.J. along with other adults with FASD and caregivers joined together to create conversations with a positive presence.

For more information:
www.RedShoesRock.com

How does Red Shoes work?

- We are an international collaborative volunteer grass-roots movement that values persons who have FASD.
- Red Shoes Rock offers a natural conversation about FASD to build understanding and stop stigma against this population.
- Red Shoes Rock states that I am not alone, I stand with others who either have or care about this disability.
- Red Shoes Rock starts conversations person to person in truth, with respect and genuine interest.

Join together

Support persons who live with hidden differences of FASD.

**September is FASD
Awareness Month**

**International FASDay
September 9**

Like our Facebook Page:
Red Shoe Rock. Stop FASD